



Emergency First Aid

Tuesday 23rd February 2010

Time: 9.30 – 1.30

Venue: Number 1 Hatfield, 1 Town Centre, Hatfield AL10 OJZ

Cost: £20 for CVS members

£40 for non CVS members

This practical hands on course is designed for people with none or little experience of first aid.

It will cover the basics and give you confidence to deal with a sick or injured person.

It covers

Making an emergency phone call, ensuring your own and others safety, recognising an unconscious breathing person, the recovery position, recognising an unconscious person who is not breathing, CPR, recognising a major bleed and how to treat it, recognising the onset and the treatment of shock.

You will receive a certificate valid for 3 years.

Post this form back to 31, Catherine Street, St Albans AL3 5BJ

01727 852657 or email to training@cvsstalbans.org.uk

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Name

Organisation.....

Address.....

Email..... Contact No.....

Payment enclosed Yes £..... No

I have the following access / learning support needs

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