

**Age Concern Hertfordshire**

Location: Welwyn Garden City

Services to the elderly.

**Anchor Staying Put**

Location: Hatfield

Service for elderly or disabled home owners. Advice on repairs, grants etc.,

**Arthritis Care Group**

Location: Bovington

Runs a challenge arthritis course from URC, Church Street, WGC

**Arthritis Research Campaign (Welwyn)**

Location: Welwyn

n/a

**Association of Hatfield Businesses**

Location: Hatfield

n/a

**Bereavement Mutual Support**

Location: Welwyn Garden City

Tuesday 10am-12noon. At Free Church Hall, Church Road. WGC. Mutual support for the bereaved (loss of partner, not child)

**Breast Cancer Support Group**

Location: Cuffley

n/a

**British Heart Foundation (Welwyn Hatfield)**

Location: Welwyn Garden City

Fundraising

**Carers in Hertfordshire**

Location: Hertford

Advice & Support for carers of elderly or disabled people.

**Cerebal Palsy Support Group**

Location: Welwyn Garden City

n/a

**Changing Minds in Hertfordshire**

Location: Cuffley

A new charity that runs self help groups for people and their families suffering from depression

**CHIPS**

Location: Hertford

n/a

**Chrysalis Drug Project**

Location: Hertford

n/a

**Civil Service Retirement Fellowship**

Location: Welwyn Garden City

n/a

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Location: Welwyn Garden City

Support to civil service pensioners, spouses partners and dependants. Visits undertaken to housebound or lonely. Local group meets regularly & arrange social programme

**Community Development Agency for Herts**

Location: Hatfield

Support & help in finding funding for voluntary & community groups

**Connect Club**

Location: Hatfield

Group to support adults with mental health problems in social setting. Meet Monday & Friday 10-2.30

**Connexions Herts at the Young Peoples Information**

Location: Hatfield

Information for Young people on work, money, drugs, pregnancy, smoking & drinking, leaving home, the law, education & leisure. Counselling outreach work and sexual health service

## **Cot Death Information & Support**

Location: n/a

The Helpline is open 9pm-11pm Mon-Fri & 6pm-11pm Sat.

## **Cuffley Care at Home (Leonard Cheshire)**

Location: Cuffley

n/a

## **Cystic Fibrosis Research Trust**

Location: n/a

n/a

## **D.I.S.H**

Location: St Albans

n/a

## **Diabetes UK WH District**

Location: Welwyn Garden City

n/a

## **Dolphins**

Location: Welwyn Garden City

Support group for parents with children with special needs. Meet 1st Friday of every month from 9.30am-11am. Pre-school children may attend as creche facilities are available. Varied specialist speakers attend.

**East Herts Crossroads**

Location: Welwyn Garden City

Relief & Support for carers

**East Herts Miscarriage Support Assoc**

Location: Cheshunt

n/a

**Epilepsy Support Association**

Location: Welwyn Garden City

Help members to obtain employment. Helpline 0808 8005050

**Gingerbread**

Location: n/a

Support & info for all lone parents and their children

**Harvesters**

Location: Hatfield

Meetings and Senior Citizens Lunch Club are held at: Christchurch, Barleycroft Road, Parkway, Welwyn Garden City.

**Hatfield & District Age Concern**

Location: Hatfield

Friendship Hse, Wellfield Close Tel 01707 268961

### **Hatfield Foyer**

Location: Hatfield

Accommodation, Training and Support for young people

### **Hertfordshire Action on Disability**

Location: Welwyn Garden City

n/a

### **Hertfordshire Society for the Blind**

Location: Herts

n/a

### **Herts Aid**

Location: Herts

Practical & emotional support for those living with or affected by HIV and AIDS. Education & awareness training. For Herts HA area. Drop in & quality of life club. Transport to and from clinic/hospital

### **Herts Alcohol Problems Advisory Service (HAPAS)**

Location: Herts

Hapas is an independent agency promoting the prevention of alcohol misuse and concerned with helping those harmed directly or indirectly by alcohol throughout Herts. Counselling by appt

### **Herts Area Rape Crisis (HARC)**

Location: Herts

Confidential counselling and information for women who have experienced rape or sexual abuse. Line open to speak to a counsellor directly Thurs 7.30-9.30

### **Herts Autistic Community Trust**

Location: Welwyn Garden City

Part of a large organisation in Barnet looking after adults with autism as well as other people with disabilities

### **Herts Community Foundation**

Location: Herts

Registered charity which allocates grants to local community & voluntary groups

### **Herts Fertility Support Group**

Location: Hatfield

Support for people with infertility problems. Meets at Jim McDonald Centre Last Tuesday of certain months. 8pm for 8.30pm start. Phone Julia for details

### **Herts Multiple Sclerosis Therapy Centre**

Location: Hertfordshire

Aim is to limit the progression of the disease & feelings of isolation. Offering info & support, physiotherapy, oxygen therapy, counselling, yoga, dietary advice, aromatherapy, chiropody, reflexology and friendship

### **HertSavers Credit Union**

Location: Hatfield

Providing accessible savings, loans & insurance benefits for people of Hatfield & Welham Green. Opening hours Tues 10.30am-13.30, Wed 10.30am-13.30 & Sat 10.30-13.30.

### **Isabel Hospice**

Location: Welwyn Garden City

Home & day care for cancer

**Keech Cottage Children's Hospice**

Location: Luton

n/a

**Larva Young People's Drug Project**

Location: Hatfield

For young people under 18 years of age

**Life Pregnancy Support Service**

Location: n/a

n/a

**M E Association**

Location: n/a

Support group advice/support, benefit claims, social groups & counselling available

**MENCAP (WH Society)**

Location: Welwyn Garden City

Services available to people with learning disability, their families & carers living WelHatfield

**MIND in Welwyn Hatfield**

Location: Welwyn Hatfield

National Organisation for Mental Health. Drop in on Tuesdays 10-12 at Free Church Hall, WGC. Computer Club, at Bill Salmon Centre

**National Association for Colitis & Crohn's Disease**

Location: St Albans

Medical charity with health interests. Gives advice on health issues and provides counselling

**National Childbirth Trust**

Location: n/a

Info & Support in Pregnancy, childbirth and early parenthood. 0-5 Club

**North Herts ME Support Group**

Location: Stevenage

n/a

**Parental Drug Awareness Services**

Location: Welwyn Garden City

Assistance in gaining help from appropriate agencies, local support groups

**Parentline Plus**

Location: Hatfield

Offers counselling & other services to help with difficulties with parenting

**Relate**

Location: St Albans

Offers counselling and psychosexual therapy to help with difficulties in adult couple relationship

**Samaritans**

Location: Ware

Available to everyone 24hrs a day everyday by phone. Visits can be arranged, offer confidential, non-judgemental service for anyone going through crisis

**Sands Stillbirth & Neonatal Death Society**

Location: n/a

n/a

**Shelter Hertfordshire**

Location: Hatfield

National campaign for homeless people. Free, impartial confidential advice & info to those who are homeless or have housing related problem

**Soldiers, Sailors, Airmen & Families Assoc (SSAFA)**

Location: Herts

n/a

**South Herts Motor Neurone Disease Assoc**

Location: Harpenden

Provides counselling, advice, care & support services

**Specialist Childrens Team**

Location: Welwyn Garden City

n/a

**The Hellenic Club**

Location: Hemel Hempstead

n/a

**Unique Ministries**

Location: Welwyn Garden City

n/a

**Vale House Stabilisation Services**

Location: Hertford

Treatment for people with addictions and support for families & friends

**Victim Support Hertfordshire**

Location: Welwyn Garden City

Offering confidential support & information. Emotional & practical support available

**Wellfield Trust**

Location: Hatfield

Provides relief from poverty or those in need in the parish of Hatfield by payment of a grant

**Welwyn Garden City Chamber of Commerce**

Location: Welwyn Garden City

n/a

**Welwyn Garden City Housing Association**

Location: Welwyn Garden City

Care & support for older people.

**Welwyn Hatfield Alzheimer's Society**

Location: Welwyn Hatfield

Helps, supports carers and people with dementia. For further info for carers support telephone Alice Davies on 01707265326

**Welwyn Hatfield Business Initiative**

Location: Welwyn Hatfield

n/a

**Welwyn Hatfield Ethnic Minority Group**

Location: Welwyn Hatfield

To link and work with ethnic minority groups to identify their needs and assist with meeting these needs through services delivered.

**Welwyn Hatfield Mediation Group**

Location: Welwyn Hatfield

n/a

**Welwyn Hatfield Multiple Sclerosis Society**

Location: Welwyn Hatfield

Provides support to MS sufferer, counselling, guidance & support to enable improved symptoms management & quality of life to MS sufferer and their carers. Helpline 01707 332136

**Welwyn Hatfield Womens Refuge**

Location: Welwyn Hatfield

A refuge for women and their children fleeing violence or dangerous circumstances